




**IN**



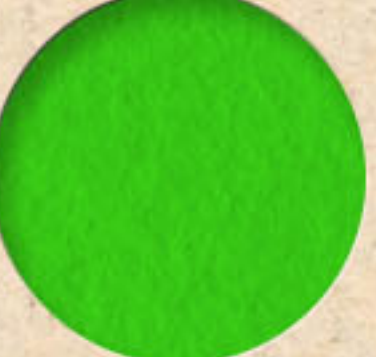
**NOW**



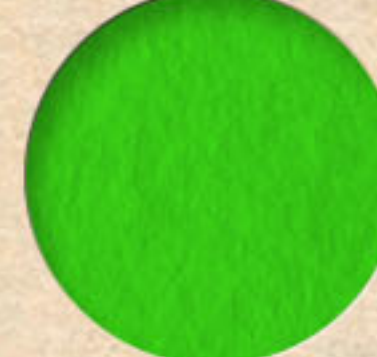
What can I do right now?



What influence am I having in this situation?



Why am I here? (What is the purpose?)



What is happening now and what control do I have?



What choices do I have?



What am I seeing and hearing?



How do I feel right now?



Why do I feel like this?